

***From Everlasting to Everlasting - Psalms 90***  
**Notes, Family Worship, Bible Reading**

**Notes from the Sermon**

Turn on almost any radio station and listen to the music and every once in a while you will hear a song that waxes the fundamental cry of the human heart. Yes, you will hear songs about love, life, happiness, and if you are listening of country songs about old pickup trucks and tractors. Still, every once in a while you will catch a song that reminds us of the brevity of life, the deep struggle in the human experience, and the feeling of helplessness to change these realities. One such song is the old Kansas hit *Dust in the Wind* written by band member Kerry Livgren. The song reflects a deep search and struggle that was taking place at that point in life as he did what we all do, sought to find significance and purpose in what ends up be a short and difficult existence. The second verse declares:

Same old song  
Just a drop of water in an endless sea  
All we do  
Crumbles to the ground, though we refuse to see  
Dust in the wind  
All we are is dust in the wind

The song echoes our cry but does not really offer much hope. Yet, this song echoes in many ways the song written by Moses from the desert near the end of his life. Moses had seen God's hand in deliverance rescuing his people from slavery. He was present when God sent a wind that literally parted the water in a vast sea and led the people through the walls of water. But he also saw the depth of human sin and for forty years watched as an entire generation of Hebrews died in the wilderness as a result of their lack of faith and unfaithfulness to God's covenant. The song voices the cry we all have, the desire for our lives to have a sense of purpose that might lead to happiness, and the hope that our lives will make some kind of difference in the world. Yet, all of those efforts are nothing more than, well, dust in the wind.

Psalms 90 is a song written out of reality to be sung by God's gathered people. The song is a deep reminder that life is short, we are frail, and even the youngest among us will wake up one day staring the reality that we are destined to return to dust. Not a happy song. But maybe that is the first thing we need to realize. If all we sing are happy songs the worship we experience will not really be sufficient to help us through the deep realities of life. No, we need songs that are honest about the way things really are yet they seek God and His grace in the midst. *Dust in the Wind* touches on the same reality, but offers no hope, and gives no way to experience significance and purpose in the world. Psalm 90 on the other hand deals with the bitter reality of life, but looks to the eternality of God as the solution.

This song also dives in the core reason for our struggle and coming time when "in the evening it fades and withers." (V. 6) Our core need as humans is to know God, to be in right relationship with the God who is "everlasting to everlasting." Yet, our sin has left us under His wrath and in broken relationship with the Creator. Moses reminds us to pray and sing what the world forgets, the core problem we have in the world is myself. Until the problem with sin and the resulting anger God has against our rebellion is solved any pursuit of meaning and significance will run into the same gigantic barrier.

So, in light of this, the prayer turns to the everlasting God as the only source of hope. "So, teach us to number our days, that we may get a heart of wisdom." The shift in the Psalm begins with a reminder that the path to wisdom and meaning in life is to embrace the brevity of life and realize that our days on this earth are numbered. We don't need God to

make much of our momentary lives, we need our lives to make much of the everlasting God. Only His presence, mercy, and loyal love can give our lives the meaning and significance we desire. We hope that our works will last, but the prayer reminds us that the only works that will survive are those of God. We are stuck in the temporal longing for significance, but we need the eternal to break through and lift our lives out of the moment so we can see the everlasting work of God in the Gospel. This is exactly what happened in the Gospel. The everlasting God broke through and entered the space of our temporary lives. And it seemed His life was nothing more than dust in the wind as well. But then Sunday morning came, and the eternal purpose of God blew the doors off the limitations of this world. It is this work done on our behalf that gives us purpose. And when we join in the work of God done in resurrection power our work will be established. It is here in the power of the resurrection that we will find the everlasting God being a shelter for all generations. Glory be to the God who is everlasting to everlasting!

**Bible Reading for the Week**

Daily Bible Readings

Sun	Mon	Tues	Weds	Thurs	Fri	Sat
Ephesians 3	Ephesians 4	Ephesians 6	Deuteronomy 1	Deuteronomy 2	Deuteronomy 3	Deuteronomy 4

Reading from this past week: Psalm 90

Reading in preparation for this coming Sunday: Psalm 1221

**Family Worship**

Song - *God So Loved*

<https://youtu.be/jasoo3UDSwY>

Gospel Project

Story: Paul met Jesus

Story Point: Jesus saved Paul and chose him to spread the Gospel.

Big Picture Question: Why does the church exist?

Answer: The church exists to glorify God by worshiping Him, showing His love, and telling others about Jesus.

Scripture: Acts 8-9

New City Catechism

Question #7: What does the Law of God require?

Answer: That we love God with all our heart, soul, mind, and strength; and love our neighbor as ourselves.

Verse: Matthew 22:37-40

Scripture

Psalm 90

- What is the core attribute of God that gains praise in this Psalm? Why is the eternity of God important to remember during our lives on earth?
- Does this Psalm make you joyful or sad? Why?
- Why is it important for us to number our days and what does this lead to in the song?

Prayer

\*Since this week is Valentine’s Day, pray that we would love God with all of our heart, soul mind and strength, and love our neighbor as we love ourselves.

\*Pray that you would learn to number your days and trust in the everlasting God.